


November 2021

Vista at Simi Valley Memory Care Monthly Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div>AT SIMI VALLEY</div></div>	<div>9:30 Morning Stretch</div> <div>10:00 Infusion Bar</div> <div>10:30 Daily Chronicles with Shirley</div> <div>11:30 Clap, Clap</div> <div>1:15 Trivia Time [LR]</div> <div>2:30 Chit Chat & Hydrate [DR]</div> <div>2:30 Pumpkin Spice Coffee Social [LR]</div> <div>3:00 Bocce Ball [LR]</div> <div>6:30 Meditation Circle</div> <div>1</div>	<div>Election Day</div> <div>9:30 Free-Throw Competition</div> <div>10:00 Infusion Bar</div> <div>10:30 Daily Chronicles with Shirley</div> <div>11:30 Tablet for coloring or painting</div> <div>1:15 Reminiscing Circle [LR]</div> <div>2:00 Bingo</div> <div>2:30 Hot Apple Cider Social [LR]</div> <div>2:30 Refreshments & Chatting</div> <div>3:00 Chair Basketball [LR]</div> <div>6:30 Weekday Worship: Favorite Hymns</div> <div>2</div>	<div>9:30 Sit and Stretch [AR]</div> <div>10:00 Infusion Bar</div> <div>10:30 Daily Chronicles with Shirley</div> <div>11:30 Birthday Bash Planning</div> <div>1:15 Matinee - Blue Hawaii [LR]</div> <div>3:00 Chit Chat & Hydrate [DR]</div> <div>4:00 Sing Alongs with Susie</div> <div>6:30 Tablet for relaxation</div> <div>3</div>	<div>9:30 Morning Stretches</div> <div>10:00 Infusion Bar</div> <div>10:30 Daily Chronicles with Shirley</div> <div>11:30 Finish The Phrase Game</div> <div>1:00 Birthday Bash</div> <div>2:00 Washing dishes</div> <div>2:30 Bean Bag Baseball</div> <div>2:30 Eggnog & Brandy Social</div> <div>2:30 Refreshments & Chatting</div> <div>3:00 Prize Bingo [AR]</div> <div>6:30 Sentimental Serenity</div> <div>4</div>	<div>9:30 Sit and Stretch [AR]</div> <div>9:30 Zumba Gold</div> <div>10:00 Infusion Bar</div> <div>10:30 Daily Chronicles with Shirley</div> <div>11:30 MindStart Puzzling</div> <div>1:00 Trips and Travels</div> <div>1:15 Reminiscing Circle [LR]</div> <div>2:30 Chit Chat & Hydrate [DR]</div> <div>2:30 Movie Matinee: National Lampoon's Vacation (Chevy Chase)& Snack Box</div> <div>3:00 Coloring Cafe [DR]</div> <div>6:30 Prayer or group spiritual reading</div> <div>7:00 Montessori Life</div> <div>5</div>	<div>9:30 Chair Yoga [AR]</div> <div>10:00 Infusion Bar</div> <div>10:30 Daily Chronicles with Shirley</div> <div>11:30 A World of Good-News</div> <div>1:15 Toss The Ball Trivia! [AR]</div> <div>2:00 Puzzle Club</div> <div>2:30 Bailey's & Cofffee & Hot Cocoa Social</div> <div>2:30 Refreshments & Chatting</div> <div>3:00 Pairing Socks [LR]</div> <div>4:00 Resident Spotlight: My History</div> <div>6:30 Mindfulness Meditation</div> <div>7:00 Pass the Popcorn</div> <div>6</div>
<div>Daylight Saving Time Begins</div> <div>9:30 Bean Bag Toss</div> <div>9:30 Morning Stretches</div> <div>10:00 Infusion Bar</div> <div>10:30 Daily Chronicles with Shirley</div> <div>11:30 Grocery Game</div> <div>1:30 Cornerstone Church Service</div> <div>2:00 World of Color</div> <div>2:30 Chit Chat & Hydrate Social [LR]</div> <div>2:30 Hot Cocoa Social [LR]</div> <div>4:00 Green Thumb Gardeners</div> <div>6:30 Daily Devotions</div> <div>7:00 Church Gathering and Worship</div> <div>7</div>	<div>9:30 Sit and Be Fit</div> <div>9:30 Sit and Stretch [AR]</div> <div>10:00 Infusion Bar</div> <div>10:30 Daily Chronicles with Shirley</div> <div>11:30 Taste-testing</div> <div>1:15 Trivia Time [LR]</div> <div>2:00 Baking cookies</div> <div>2:30 Chit Chat & Hydrate [DR]</div> <div>2:30 Pumpkin Spice Coffee Social [LR]</div> <div>3:00 Bocce Ball [LR]</div> <div>4:00 Taste of home</div> <div>6:30 Music in Motion</div> <div>8</div>	<div>9:30 Chair Yoga [AR]</div> <div>9:30 Senior Stretch</div> <div>10:00 Infusion Bar</div> <div>10:30 Daily Chronicles with Shirley</div> <div>11:30 Community Choice</div> <div>1:15 Reminiscing Circle [LR]</div> <div>2:00 Soft pretzels</div> <div>2:30 Hot Apple Cider Social [LR]</div> <div>2:30 Refreshments & Chatting</div> <div>3:00 Chair Basketball [LR]</div> <div>4:00 Friendly Formal</div> <div>6:30 Chicken Soup for the Soul</div> <div>7:00 Timeless Melodies Choir Club</div> <div>9</div>	<div>9:30 Sit and Stretch [AR]</div> <div>9:30 Throw Tic Tac Toe</div> <div>10:00 Infusion Bar</div> <div>10:30 Daily Chronicles with Shirley</div> <div>11:30 Group Rhyme</div> <div>1:15 Arm Chair Travel To Paris [LR]</div> <div>2:00 Crafty Club: Newspaper Florals</div> <div>2:30 Arm Chair Travel To Jamaica & Snacks [MT]</div> <div>2:30 Chit Chat & Hydrate [DR]</div> <div>4:00 Manicure Madness</div> <div>6:30 Music in Motion</div> <div>7:00 Chapter Chat</div> <div>10</div>	<div>Veterans Day</div> <div>9:30 Meditation and Relaxation</div> <div>9:30 Morning Stretches</div> <div>10:00 Infusion Bar</div> <div>10:30 Daily Chronicles with Shirley</div> <div>11:30 Stick figure story telling</div> <div>2:00 Dinner Party name cards</div> <div>2:30 Bean Bag Baseball</div> <div>2:30 Prize Bingo</div> <div>2:30 Refreshments & Chatting</div> <div>2:30 Thank you Vista Veterans! [LR]</div> <div>3:00 Live Music w/ Allen [LR]</div> <div>3:00 Prize Bingo [AR]</div> <div>4:00 Wacky Weeding</div> <div>6:30 Weekday Worship: Favorite Hymns</div> <div>11</div>	<div>9:30 Rocking and Rolling</div> <div>9:30 Sit and Stretch [AR]</div> <div>10:00 Infusion Bar</div> <div>10:30 Daily Chronicles with Shirley</div> <div>11:30 Word Search</div> <div>1:00 Trips and Travels</div> <div>1:15 Reminiscing Circle [LR]</div> <div>2:00 Scented dough claytonary</div> <div>2:30 Chit Chat & Hydrate [DR]</div> <div>2:30 Movie Matinee: A Perfect World (Kevin Costner) & Snack Box</div> <div>3:00 Coloring Cafe [DR]</div> <div>4:00 Uncorked</div> <div>6:30 Chicken Soup for the Soul</div> <div>7:00 Montessori Life</div> <div>12</div>	<div>9:30 Chair Yoga [AR]</div> <div>9:30 Ribbon Dance</div> <div>10:00 Infusion Bar</div> <div>10:30 Daily Chronicles with Shirley</div> <div>11:30 A World of Good-News</div> <div>1:00 Be Our Guest</div> <div>1:15 Toss The Ball Trivia! [AR]</div> <div>2:00 Puzzle Club</div> <div>2:30 Bailey's & Cofffee & Hot Cocoa Social</div> <div>2:30 Refreshments & Chatting</div> <div>3:00 Pairing Socks [LR]</div> <div>4:00 Flag-colored parfaits</div> <div>6:30 Mindfulness Meditation</div> <div>7:00 Pass the Popcorn</div> <div>13</div>
<div>9:30 Baget Golf</div> <div>9:30 Morning Stretches</div> <div>10:00 Infusion Bar</div> <div>10:30 Daily Chronicles with Shirley</div> <div>11:30 Tape Art</div> <div>1:30 Cornerstone Church Service</div> <div>2:00 World of Color</div> <div>2:30 Chit Chat & Hydrate Social [LR]</div> <div>2:30 Hot Cocoa Social [LR]</div> <div>4:00 Green Thumb Gardeners</div> <div>6:30 Meditation Circle</div> <div>7:00 Church Gathering and Worship</div> <div>14</div>	<div>9:30 Bowling</div> <div>9:30 Sit and Stretch [AR]</div> <div>10:00 Infusion Bar</div> <div>10:30 Daily Chronicles with Shirley</div> <div>11:30 Daily Chronicles</div> <div>1:15 Trivia Time [LR]</div> <div>2:00 Crafty Club: Suncatchers</div> <div>2:30 Chit Chat & Hydrate [DR]</div> <div>2:30 Pumpkin Spice Coffee Social [LR]</div> <div>3:00 Bocce Ball [LR]</div> <div>4:00 Patio Put-Put</div> <div>6:30 Prayer or group spiritual reading</div> <div>15</div>	<div>9:30 Badminton</div> <div>9:30 Chair Yoga [AR]</div> <div>10:00 Infusion Bar</div> <div>10:30 Daily Chronicles with Shirley</div> <div>11:30 High Tea</div> <div>1:15 Reminiscing Circle [LR]</div> <div>2:00 Planning a parade float</div> <div>2:30 Hot Apple Cider Social [LR]</div> <div>2:30 Refreshments & Chatting</div> <div>3:00 Chair Basketball [LR]</div> <div>4:00 Beautiful Blossoms Game</div> <div>6:30 Sentimental Serenity</div> <div>7:00 Timeless Melodies Choir Club</div> <div>16</div>	<div>9:30 Balance Boogie</div> <div>9:30 Sit and Stretch [AR]</div> <div>10:00 Infusion Bar</div> <div>10:30 Daily Chronicles with Shirley</div> <div>11:30 Jingle Jumble</div> <div>1:15 Arm Chair Travel To Paris [LR]</div> <div>2:00 Make popsicles</div> <div>2:30 Arm Chair Travel To The Costa Rica & Snacks [MT]</div> <div>2:30 Chit Chat & Hydrate [DR]</div> <div>4:00 Garden Rocks</div> <div>6:30 Tablet for relaxation</div> <div>7:00 Chapter Chat</div> <div>17</div>	<div>9:30 Mimicked stretching</div> <div>9:30 Morning Stretches</div> <div>10:00 Infusion Bar</div> <div>10:30 Daily Chronicles with Shirley</div> <div>11:30 Brainstorming</div> <div>2:00 Crafty Club: Stained Glass</div> <div>2:30 Bean Bag Baseball</div> <div>2:30 Eggnog & Brandy Social</div> <div>2:30 Prize Bingo</div> <div>2:30 Refreshments & Chatting</div> <div>3:00 Prize Bingo [AR]</div> <div>4:00 Birthday Bash</div> <div>6:30 Daily Devotions</div> <div>18</div>	<div>9:30 Home Stretch Derby</div> <div>9:30 Sit and Stretch [AR]</div> <div>10:00 Infusion Bar</div> <div>10:30 Daily Chronicles with Shirley</div> <div>11:30 Poetry Pals</div> <div>1:00 Trips and Travels</div> <div>1:15 Reminiscing Circle [LR]</div> <div>2:00 Star of David chocolate pretzels</div> <div>2:30 Chit Chat & Hydrate [DR]</div> <div>2:30 Movie Matinee: Dreamer (Kurt Russell) & Snack Box</div> <div>2:30 Vista Tea Party [DR]</div> <div>3:00 Coloring Cafe [DR]</div> <div>3:00 Live Music w/ Matt Barber [LR]</div> <div>4:00 Uncorked</div> <div>6:30 Daily Devotions</div> <div>7:00 Montessori Life</div> <div>19</div>	<div>9:30 Chair Yoga [AR]</div> <div>9:30 TacTic Toss</div> <div>10:00 Infusion Bar</div> <div>10:30 Daily Chronicles with Shirley</div> <div>11:30 A World of Good-News</div> <div>1:00 Be Our Guest</div> <div>1:15 Toss The Ball Trivia! [AR]</div> <div>2:00 Puzzle Club</div> <div>2:30 Bailey's & Cofffee & Hot Cocoa Social</div> <div>2:30 Refreshments & Chatting</div> <div>3:00 Pairing Socks [LR]</div> <div>4:00 Cookies and Conversations</div> <div>6:30 Sentimental Serenity</div> <div>7:00 Pass the Popcorn</div> <div>20</div>
<div>9:30 Morning Stretches</div> <div>9:30 Octaband</div> <div>10:00 Infusion Bar</div> <div>10:30 Daily Chronicles with Shirley</div> <div>11:30 Finishing Lyrics and Finishing Lines</div> <div>1:30 Cornerstone Church Service</div> <div>2:00 World of Color</div> <div>2:30 Chit Chat & Hydrate Social [LR]</div> <div>2:30 Hot Cocoa Social [LR]</div> <div>4:00 Green Thumb Gardeners</div> <div>6:30 Tablet for relaxation</div> <div>7:00 Church Gathering and Worship</div> <div>21</div>	<div>9:30 Seated Aerobics</div> <div>9:30 Sit and Stretch [AR]</div> <div>10:00 Infusion Bar</div> <div>10:30 Daily Chronicles with Shirley</div> <div>11:30 Link Think</div> <div>1:15 Trivia Time [LR]</div> <div>2:00 Bird feeders</div> <div>2:30 Chit Chat & Hydrate [DR]</div> <div>2:30 Pumpkin Spice Coffee Social [LR]</div> <div>3:00 Bocce Ball [LR]</div> <div>4:00 Fruit of the Month Club</div> <div>6:30 Weekday Worship: Favorite Hymns</div> <div>22</div>	<div>9:30 Chair Yoga [AR]</div> <div>9:30 Volleyball</div> <div>10:00 Infusion Bar</div> <div>10:30 Daily Chronicles with Shirley</div> <div>11:30 Treeval Word Game: US Presidents</div> <div>1:15 Reminiscing Circle [LR]</div> <div>2:00 Walker Bags</div> <div>2:30 Hot Apple Cider Social [LR]</div> <div>2:30 Refreshments & Chatting</div> <div>3:00 Chair Basketball [LR]</div> <div>4:00 Blessed Blooms Club</div> <div>6:30 Meditation Circle</div> <div>7:00 Timeless Melodies Choir Club</div> <div>23</div>	<div>9:30 Seated Qigong Tai Chi and Yoga</div> <div>9:30 Sit and Stretch [AR]</div> <div>10:00 Infusion Bar</div> <div>10:30 Daily Chronicles with Shirley</div> <div>11:30 Word Wall</div> <div>1:15 Arm Chair Travel To Paris [LR]</div> <div>2:00 Stamp Art</div> <div>2:30 Arm Chair Travel To Canada & Snacks [MT]</div> <div>2:30 Chit Chat & Hydrate [DR]</div> <div>4:00 Freerice</div> <div>6:30 Prayer or group spiritual reading</div> <div>7:00 Chapter Chat</div> <div>24</div>	<div>Thanksgiving</div> <div>9:30 HORSE</div> <div>9:30 Morning Stretches</div> <div>10:00 Infusion Bar</div> <div>10:30 Daily Chronicles with Shirley</div> <div>11:30 National Gallery of Art: Washington DC Virtual Visit</div> <div>2:00 Wonderful World of Watercolor</div> <div>2:30 Bean Bag Baseball</div> <div>2:30 Eggnog & Brandy Social</div> <div>2:30 Prize Bingo</div> <div>2:30 Refreshments & Chatting</div> <div>3:00 Prize Bingo [AR]</div> <div>4:00 Tablet for a virtual aquarium or virtual pets</div> <div>6:30 Chicken Soup for the Soul</div> <div>25</div>	<div>9:30 Aqua Toss</div> <div>9:30 Sit and Stretch [AR]</div> <div>10:00 Infusion Bar</div> <div>10:30 Daily Chronicles with Shirley</div> <div>11:30 Master Minds</div> <div>1:00 Trips and Travels</div> <div>1:15 Reminiscing Circle [LR]</div> <div>2:00 Creature Craft</div> <div>2:30 Chit Chat & Hydrate [DR]</div> <div>2:30 Movie Matinee: The Holiday (Cameron Diaz) & Snack Box</div> <div>3:00 Coloring Cafe [DR]</div> <div>4:00 Uncorked</div> <div>6:30 Music in Motion</div> <div>7:00 Montessori Life</div> <div>26</div>	<div>9:30 Ageless Grace</div> <div>9:30 Chair Yoga [AR]</div> <div>10:00 Infusion Bar</div> <div>10:30 Daily Chronicles with Shirley</div> <div>11:30 A World of Good-News</div> <div>1:00 Be Our Guest</div> <div>1:15 Toss The Ball Trivia! [AR]</div> <div>2:00 Puzzle Club</div> <div>2:30 Refreshments & Chatting</div> <div>3:00 Pairing Socks [LR]</div> <div>4:00 Armchair Travel: Ireland</div> <div>6:30 Mindfulness Meditation</div> <div>7:00 Pass the Popcorn</div> <div>27</div>
<div>9:30 Irish Chair Dance</div> <div>9:30 Morning Stretches</div> <div>10:00 Infusion Bar</div> <div>10:30 Daily Chronicles with Shirley</div> <div>11:30 History of Film</div> <div>1:30 Cornerstone Church Service</div> <div>2:00 World of Color</div> <div>2:30 Chit Chat & Hydrate Social [LR]</div> <div>2:30 Hot Cocoa Social [LR]</div> <div>4:00 Green Thumb Gardeners</div> <div>6:30 Weekday Worship: Favorite Hymns</div> <div>7:00 Church Gathering and Worship</div> <div>28</div>	<div>9:30 Frisbee Golf</div> <div>9:30 Sit and Stretch [AR]</div> <div>10:00 Infusion Bar</div> <div>10:30 Daily Chronicles with Shirley</div> <div>11:30 Name That Job</div> <div>1:15 Trivia Time [LR]</div> <div>2:00 Pampered Paws</div> <div>2:30 Chit Chat & Hydrate [DR]</div> <div>2:30 Pumpkin Spice Coffee Social [LR]</div> <div>3:00 Bocce Ball [LR]</div> <div>4:00 Jolly Jokes and Silly Sayings</div> <div>6:30 Music in Motion</div> <div>29</div>	<div>9:30 Baget Baseball</div> <div>9:30 Chair Yoga [AR]</div> <div>10:00 Infusion Bar</div> <div>10:30 Daily Chronicles with Shirley</div> <div>11:30 Four Word Phrases</div> <div>1:15 Reminiscing Circle [LR]</div> <div>2:00 Collaborative Fairy Garden</div> <div>2:30 Hot Apple Cider Social [LR]</div> <div>2:30 Refreshments & Chatting</div> <div>3:00 Chair Basketball [LR]</div> <div>4:00 Cooking Club: American Classic</div> <div>6:30 Daily Devotions</div> <div>7:00 Timeless Melodies Choir Club</div> <div>30</div>	<div>Location Keys</div> <div>Activity Room</div> <div>Dining Room</div> <div>Living Room</div> <div>Movie Theater</div> <div>AR</div> <div>DR</div> <div>LR</div> <div>MT</div> <div> Emotional</div> <div> Intellectual</div> <div> Physical</div> <div> Purposeful</div> <div> Social</div> <div> Spiritual</div> <div>"No one has ever become poor from giving." — Maya Angelou</div> <div></div>			