

# FREE SUPPORT GATHERING



## We Are Here For You!

For Family and Friends of  
individuals experiencing  
memory loss and/or  
needing assistance.

PRESENTING  
**Hollie Kemp**  
CDP CADDCT

Meet at the community  
or watch at home – via ZOOM

Second Tuesday of each month

11:30am – Pacific  
12:30pm – Mountain  
1:30pm – Central  
2:30pm – Eastern

REGISTER AT:

[https://zoom.us/meeting/register/  
tJlrceirpj4oGNKCnB1svq7yq2-DGbNFTs9S](https://zoom.us/meeting/register/tJlrceirpj4oGNKCnB1svq7yq2-DGbNFTs9S)

After registering, you will receive a  
confirmation email containing information  
about joining the meeting.

Must RSVP and sign up for gathering –  
Attendees can watch on Zoom at home  
or gather at the community.



## MEMORY MATTERS

*Surround yourself with supportive people.*

At our community, we understand how difficult it can be to care for your parent or loved one with dementia. Come join us as we Educate, Congregate and Conversate together at this support gathering.

Find out about monthly topics that Matter.

- Understanding the diagnosis.
- I'm struggling.
- How do I communicate?
- Can I do this alone?
- What can I do for me?
- What is next?



**Hollie Kemp, CDP CADDCT**, Innovator and leader in Memory Care and Senior Housing, program developer and proud recipient of an "Argentum's Best of the Best" award. Hollie was also awarded the "40 under 40" award by Argentum for her leadership in Senior Care. Hollie holds a Bachelor of Science Degree in Human Biology, studied Social Work in Graduate School, is currently finishing an Advanced Clinical Practice Certification in Dementia Care through the School of Social Work, and has numerous other Certifications in Alzheimer's and Dementia Care including being a Certified Dementia Practitioner, Certified Alzheimer's and Dementia Care Trainer, Certified Caregiver Stress Powerful Tools For Caregivers trainer, Montessori Based Alzheimer Care Certified, and more. Hollie is also a Global Chair for the Alzheimer's' Associations Longest Day, National Team Walk Captain, and has served on the Early Detection Committee for the National Alzheimer's Association.



Community attendees will receive a Live Intentionally coffee mug and special Memory Matters! Journal.



*Vista*  
AT SIMI VALLEY

Assisted Living • Memory Care

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